



COACHS' INFORMATION

VENUE AND ACCESS

Centre sportif du Cégep Édouard-Montpetit
260 Rue de Gentilly Est, Longueuil, QC, J4H 4A4

	Saturday April 20	Sunday April 21
Doors opening for <u>athletes and coaches only</u>	8h15	8h15
Doors opening for spectators	9h00	9h00
Start of the competition	9h45	9h45

COACH AND ATHLETES' ENTRANCE

Athletes' entrance is at the back of the Sports Center and not through the main door... Watch for the Air Dancer near the athletes' entrance.

PARKING

There is on-site paid parking.
Parking on nearby streets is rare and highly regulated.

ATHLETES' REGISTRATION

2 options are available to you to get your accreditation envelopes for the competition:

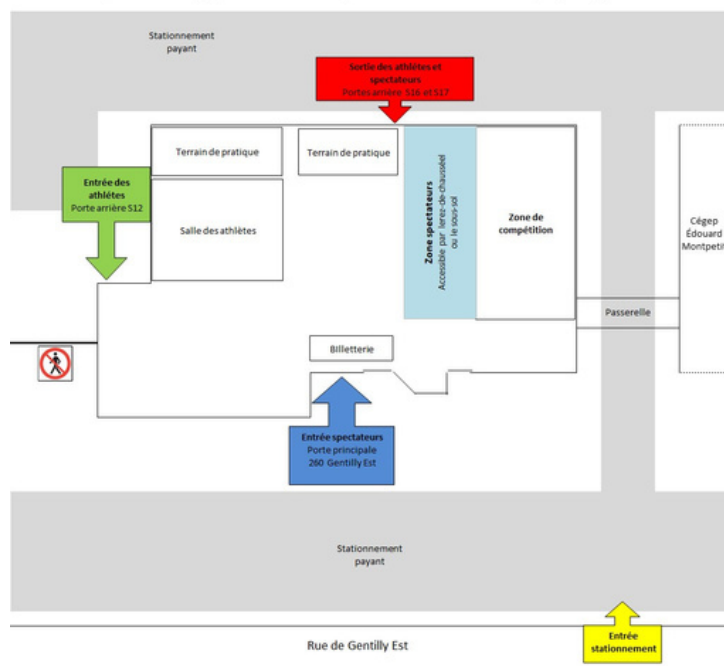
- By appointment Wednesday April 17th between 10:00 a.m. and 3:00 p.m. at our offices at 1420 av. Berlier, Laval,
Click [HERE](#) to book an appointment
- At your arrival at the competition as per usual.

ATHLETES' INSTRUCTION

- Athletes must arrive ready to compete (makeup and hair done).
- There is no water station, bring your own bottled water.
- Athletes who do not have their athlete bracelet will not have access to the competition.
Please coordinate your arrival with your team and coaches.
- Your athlete bracelet allows you to come and see the competition as a spectator for the whole weekend, keep it on your wrist! Lost bracelets will not be replaced.

Plan extérieur CheerCup

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CERTIFIED COACHES VERIFICATION

You must have proof of photo identity to verify your Cheer Québec coach certification. The verification will take place at the practice field before your team warms up.

SERVICES OFFERED ON SITE

- Fan Zone - Please note that the Fan Zone must be vacated after each performance.
- Kiosks on site: Loud & Proud, O'Pluriel, Cups & Crafts, Miss Accessoires et Maison Cy'belle.
- There will be a Subway kiosk on site. Please note that it is prohibited to consume food in the competition gymnasium.

OFFICIAL MERCHANDISE

Official bow and Crocs pins will be available on site at the Loud & Proud kiosk and for pre-order for on-site pickup : <https://www.kickscheer.com/en/cheercup>

CHEERSOUNDS VIP LOUNGE



- CheerSounds, the cheerleading mix creation company, is pleased to sponsor a dedicated breakout room for coaches and gym owners.

MUSIC

You must send your music to info@kickscheer.com before Sunday April 14th. Our music policy is available [here](#).

WARM UP AREA

- Warm up station
- Stunt : 3 lines
- Tumbling : 1 line 60 feet
- Deadmat : 9 lines with musique
- Time between the station : 6 minutes

ROUTINE INTERRUPTION

Please see the [Routine interruptions policy](#).

SCORE SHEETS

- Approximately 5 minutes after the performance, your deduction sheets will be sent to you, by email.
- After reception of the email, you have 10 minutes to contest the deduction at the review table.
- The rest of the judges' sheets will be sent to you, again by email, after the awards ceremony.
- The email used is the email that is confirmed upon your arrival during the athlete accreditation.
- If you do not receive your judges' sheets, go to the judges' table.

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AWARD CEREMONY

- Award ceremony will take place at the end of each block except for :
 - Prep U6 and All Stars U6 who will receive participant medals and an incredible performance banner immediately after their performance.
- Athletes will receive 1st, 2nd, 3rd place or participant medals.
- The teams obtaining 1st, 2nd and 3rd place will receive banners.
- Judges' choice: 1 per block, each winner receives a free registration at Graduation Québec or Montréal, as desired, for the 2023-2024 season.
- Excellence program award : Awarded to the program having obtained the highest average among all its registered teams, excluding Novice, Prep U6 and U8, All Stars U6 and Worlds teams. (Minimum registration of 3 civil and 2 school teams to be eligible.)

SOCIAL MEDIAS

- Facebook : Kick's Cheerleading
- Instagram : Kicks_cheer
- Tiktok : @kickscheer
- Hashtags : **#kickscheer** and **#kickscelebration**

PHOTOS AND VIDEOS

Photos will be available for free at www.kickscheer.com during the week following the competition.

The videos will be available on the Kick's Cheer & Events YouTube channel during the week following the competition.

ATHLETES AND SPECTATORS EXIT

ALL athletes and spectators must exit through the door located at the back of the Sports Center and not through the main door.



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