

KICK'S WANTS YOU TO GET COMPETITION-READY !

Competition Check-List for COACHES

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|----------------------|-------|
| Name of Competition: | Date: |
|----------------------|-------|

To compete:

- Competition Schedule for all Teams*
- Music*
- Team List with contact info*
- Extra Full Uniform (3 pieces)*
- Extra Competition Shoes and socks*
- Extra Competition Bow*
- Competition Make-up*
- Extra Practice uniform (if needed) or ither team outfits*
- Hair products (elastics, clips, spray, etc.)*
- Nail Polish Remover and Nail Clipper*
- _____

Other:

- Snacks*
- Water Bottle*
- Lunch/Meal (if needed)*
- Money for other expenses*
- Camera for memories/souvenirs*
- First-Aid Kit*
- Advil or other general medication*
- _____

For longer trips:

- Team List for Attendances*
- Rooming List for Hotel*
- Luggage for trip*
- Passport (if needed)*
- _____
- _____

